

COVID-19 Attendance Guide for Parents and Families

If a child must stay home because they have symptoms, the other children living in the house need to stay home from school or child care, too (quarantine). This means they must not take part in activities outside of the home for at least 14 days, unless a COVID-19 test, a doctor, or some other health care provider finds that the child does not have COVID-19.

Your child must stay home if they test positive for COVID-19, but show no symptoms.

- They must stay at home and stay away from others in the home for 10 days (isolation), counting from the day after they were tested.

Your child must stay home if they have close contact with anyone who tests positive for COVID-19.

- Children who have close contact with someone with COVID-19 must stay home for at least 14 days (quarantine). They must stay home even if they do not have symptoms of COVID-19. Close contacts may include everyone they live with and people outside of the home, such as grandparents; aunts and uncles; or other children or adults at school, in the neighborhood, at church, at sports or social activities; or at any other place.
- Your child must stay home for 14 days (quarantine), even if they test negative for COVID-19, because they could develop COVID-19 for up to 14 days.

Your child must stay home if someone who lives in their house has symptoms of COVID-19 infection and is being tested.

- Children must stay home until test results are known.
 - If the test result is negative, children can go to school or child care.
 - If the test result is positive, children must stay home for 24 days (quarantine), counting from the last day they had close contact with the person who tested positive.

How long does my child need to stay home if they have symptoms consistent with COVID-19, tested positive, or if a doctor said they likely have COVID-19?

If your child has symptoms, they must stay at home and away from others (in isolation) until **ALL THREE** of the following have happened:

- At least 10 days have passed since their symptoms started (even if they start to feel better) AND;
- They have not had a fever in the last 24 hours without using any medication to lower fever AND;
- Their symptoms have improved.

Siblings and household members are close contacts, so they also need to stay home and quarantine from all activities for at least 14 days. It is possible for them to develop COVID-19 during these 14 days; staying home prevents them from unknowingly spreading the virus in school, child care, or other settings.

What if my child has close contact with someone with COVID-19 and does not get sick?

People who are exposed to COVID-19 as a close contact can get the disease anywhere from 2 to 14 days after their last contact with the infected person. This is called the incubation period. Your child must stay home 14 days (quarantine) in case they get sick with COVID-19. The 14 days starts from the day of their last contact with the person with COVID-19.

If during the 14 days your child has a COVID-19 test that is negative, they still must stay home for all 14 days. Some people do not get sick until day 12, 13, or 14. Some who are sick may not get symptoms, but they still can spread the disease. Waiting 14 days is the only way to be sure your child is not infected and cannot infect others.

What if my child has close contact with someone with COVID-19 and gets sick, but does not get tested for COVID-19?

Your child must stay home for 14 days (quarantine) from their last contact with the person who tested positive for COVID-19. They must not do activities outside of the home.

If you decide not to have your child tested and your child gets symptoms of COVID-19 at any point during their 14 days at home, they must continue to stay

home and stay away from others in the house (isolation) until all of the following have happened:

- At least 10 days have passed since their symptoms started AND;
- They have not had a fever in at least 24 hours without using any medication to lower fever AND;
- They feel better.

Everyone who lives in the house must stay home for at least 14 days (quarantine), because they have been exposed to the virus. They still may get sick with the virus for up to 14 days. They must not do activities outside of the house.

If you have any questions or are unsure about whether or not to send your child to school, please contact our school nurses:

Nicole Worgen, Elementary School Nurse: 570-648-5721

Amy Minnier, Middle/High School Nurse: 570-648-5731